

VINOTHÉRAPIE SPA
BY
CAUDALÍE
PARIS

SPA MENU

L'AND™



TREATMENTS A LA CARTE

Excellency facial and body treatments

Discover the tranquility, luxury and sophistication of the Caudalie Vinothérapie SPA at LAND Vineyards

SCRUBS AND MESSAGES

DIVINE MESSAGE*

Scrub and Relaxing (80') | 154€

This cocooning treatment begins with the Divine Scrub, gently preparing your skin to benefit from the treatment. This is followed by a relaxing massage with Divine Oil, a unique combination of four exceptional oils. Your skin is soft, moisturized and left with a subtle floral fragrance (a mix of rose, vanilla and white musk). A sensorial experience bringing together pure pleasure, delight and relaxation.

CAUDALIE MESSAGE FOR TWO: DIVINE DUO

Relaxing or toning (50') | 188€

The most romantic massage. Under the glow of the soft light of a massage candle that melts into a warm, moisturizing oil delicately scented with Grape Blossom, you will enjoy a unique experience where romance and relaxation are included.

CAUDALIE MESSAGE

Relaxing or toning (50'/80'*) | 94€/134€

This is truly our signature sculpting massage. Your choice of relaxing or toning, this massage relieves tension and livens you up.

WINE MAKER'S MASSAGE

Toning (50') | 94€

This sculpting massage is Caudalie's signature and recreates the ritualistic steps of the wine-making process on the body. This treatment alternates techniques using bare hands and pressure on the energy paths. No area of the skin is overlooked; your entire body is stimulated, from the tips of your fingers to the bottoms of your feet. This sculpting massage activates blood circulation and muscle tone. You will leave bursting with energy!

PULP FRICTION MASSAGE WITH FRESH GRAPES

Hydrating (50') | 94€

This sculpting massage remineralizes and gently exfoliates skin thanks to natural active ingredients contained within the fruit. This long massage centered around fresh grapes and essential oils gives you skin lasting softness and moisture.

SLIMMING CONCENTRATE TREATMENT

Slimming (50') | 94€

The detoxifying and firming treatment resculpts the body's contours along. From the ankles to the stomach, a thorough sequence of manual palpating, rolling and firm kneading with Caudalie's Contouring Concentrate will help smooth the appearance of cellulite. To complete this comprehensive treatment, a slimming mask is applied to targeted areas of your choice. Legs and buttocks feel smoother and lighter in weight. Skin looks silkier.

“VRILLES DE VIGNE” DRAINAGE

Anti-cellulite (50') | 94€

To create a draining effect, this technique uses gentle sculpting massages and pressure on the lymph nodes to promote lymphatic circulation and to decongest the tissues.

STONE THERAPY

Relaxing (50') | 94€

A unique body massage for ultimate relaxation. Through the application of hot volcanic stones, heat is diffused through the body and essential oils are massaged in. This treatment eliminates all traces of fatigue, stress and tension.

SPORTS MASSAGE*

Toning (50'/80') | 110€ / 144€

By focusing on deep, toning pressure points, this massage relieves built-up tension and soothes your muscles. After this massage, you will regain your energy. This treatment is ideal for physical and muscular recuperation.

CRANIAL MASSAGE

Relaxing (20') | 49€

Hand placement on the skull is designed to free energy blockages and promote relaxation. This massage simultaneously stimulates reactions on the whole body, helping to rebalance the energies of the nervous system.

FREE LOCAL MASSAGE

Relaxing or Toning (20') | 49€

A targeted sculpting massage with two hands.

4 HANDS MASSAGE

Relaxing (20') | 114€

Travel in a unique sensation with the power of 4 hands. The greatest muscle release and relief.

PLANTAR REFLEXOLOGY

Toning (20'/35') | 44€ / 64€

By stimulating certain reflex points on the sole of your foot, this method regulates your body's energy fluxes, improves the lymphatic and circulatory systems and eliminates toxins.

EXPECTANT MOTHER MASSAGE

Relaxing (50') - *advised from the 4 months of pregnancy until 7 months* | 94€

This gentle and enveloping massage with grape-seed oil soothes tension brought on by pregnancy, stimulates blood circulation and improves the skin's tone elasticity. Safely enjoy a moment of absolute relaxation and well-being with you babe-to-be.

CRUSHED CABERNET SCRUB

Slimming (35') | 70€

The most popular scrub from the Vinothérapie Spa. It is an ideal “starter” for your treatments. To regain your skin's radiance and softness, we have developed this scrub with a base of grape-seed, honey, brown sugar and the essential oils of the Contouring Concentrate. The application of the Nourishing Body Lotion combined with our Contouring Concentrate complete this treatment and leaves your skin clean, refined and perfectly smooth. This is an ideal treatment for a slimming program or after being exposed to the sun.

DIVINE SCRUB

Nourishing (35') | 70€

A glamorous scrub that gently exfoliates your body and helps you regain smooth, fresh skin thanks to brown sugar, grape-seed oil and our divine oil. The application of the Nourishing Body Lotion combined with divine oil finishes this treatment and leaves your skin luminous and lightly scented.

FACIAL TREATMENTS

PREMIER CRU TREATMENT*

Global Anti-aging (1h50) | 189€

A supreme beauty ritual for unparalleled results. A global anti-aging concept that follows stimulating pressure with a long smoothing massage to restore your skin's youth and radiance. Before applying Premier Cru The Cream - a distillation of Caudalie's best patented active ingredients - an exclusive hydrogel mask enriched with Resveratrol is used. The skin is perfectly smooth and toned; wrinkles and fine lines are visible reduced.

VINOSOURCE TREATMENT

Nourishing (50') | 89€

The nourishing treatment with fresh grapes was specially designed to restore comfort, radiance and softness to dry and very dry skin. Treatment highlights included: skin cleansing, circular smoothing techniques with juice grapes, a long sculpting massage with our Moisturizing Concentrate and to perfect this moment of well-being, our Moisturizing Mask.

CAUDALIE GRAND FACIAL TREATMENT

Anti-oxidant (50') | 89€

This entirely manual treatment is Caudalie's signature treatment and works for all skin types. It relaxes your features, restores your radiant complexion through a long relaxing massage, accelerates cellular renewal and improves your skin's texture.

RESVERATROL LIFT TREATMENT

Firming and Lifting (50') | 89€

A Caudalie cult favorite specially developed for skin that lacks vitality and firmness. An innovative facial technique combined with alchemy of our essential oils stimulates production of collagen and elastin to reshape the outline of the face and firm your skin. The application of a mask enriched with Resveratrol carries the ultra-effective anti-aging ingredients deep into your skin. This treatment ends with Resveratrol Lift anti-wrinkle and firming products, for an instantly tightening and lifting effect.

VINOPURE TREATMENT

Purifying (50') | 89€

Recommended for those with combination skin. This treatment purifies your skin, cleanses your complexion and helps to regulate excess of sebum. Your skin's freshness, luminosity, comfort and evenness are restored.

VINOPERFECT TREATMENT

Radiance / Anti-Dark Spots (50') | 89€

A unique radiance treatment for the complexion! Specifically created for tired skin, this treatment restores radiance and vitality. It is offered with essential oils and small hot and cold stones are applied to stimulate microcirculation. A radiance mask enriched with glycolic acid is applied for a gentle peel to restore your complexion's luminosity. The Vinoperfect Radiance Serum Complexion Correcting and Radiance Moisturizer, highly concentrated in Viniferine, add the finishing touch to this treatment, leaving you looking rested and radiant.

VINE [ACTIV] TREATMENT

Glow activating/ anti-wrinkle (50') | 89€

This facial is the perfect solution for those wishing to protect their skin from the ravishes of pollution and early wrinkles, whilst energizing your skin to deliver a healthy radiant glow. Incorporating a relaxing massage using Jade stones, this facial also combines the purifying properties of pink clay, coffee & grape marc mask with our powerful antioxidant collection Vine [Activ], combining grape polyphenols, Vitamin E & Vitamin C for protection.

TEINT DE PÊCHE

Men's special (20') | 70€

Moisturized clean treatment, purify or regenerate, for the greatest effect. Radiant and smooth skin.

PREMIER CRU EYES TREATMENT

Smoothing (20') | 44€

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with the delicate massage followed by the application of the hydrogel patch concentrated in red vine, horse chestnut and ivy leaf that smooth features, substantially diminishing dark circles and instantly reducing puffiness. The eye contour is lifted and the eyes enhanced.

BATHS AND WRAPS

RED WINE BATH

Draining (15') | 1 person 50€ / 2 persons 70€

A hydro-massage enriched in red wine extracts for its circulatory properties, this bath offers all the draining properties that come from combining our precious oils with red wine.

GRAPE MARC BATH

Exfoliating (15') | 1 person 50€ / 2 persons 70€

A hydro-massage enriched with gently exfoliating grape marc, indulge in this bath for softer, smoother skin.

HONEY AND WINE WRAP

Moisturizing (15') | 49€

A warm application of wine yeast and honey, this extra-gentle treatment helps to moisturize your skin while reinforcing its immune defenses.

MERLOT WRAP

Purifying (15') | 49€

A warm application of bentonite clay and essential oils, this purifying and relaxing treatment helps to improve your skin texture.

FLEUR DE VIGNE WRAP

Revitalizing (15') | 49€

A warm application of bentonite clay, grape extracts (seeds, pulp, Stalks), grape-seed oil and energizing photo-aromatic cocktail, this treatment purifies and boosts your vitality.

*Treatments not available in package Spa Journey

Other SPA activities

Relaxation and Healing Sessions

Sound therapy is a powerful healing-science dating back thousands of years, through many cultures, and still used today. Every cell in our body is a sound resonator, and our body is made up of at least 70% water. Because of this, our bodies are an excellent conductor of sound vibrations, making sound therapy a very effective method of healing. The resonance of harmonic tones stimulates and restores balance throughout the body, reconnecting us with the natural rhythms.

This session works to bring relaxation to the mind, to open the heart, and enhance clarity, allowing the body to respond in healthy ways to remove internal stress, such as lowering our heart rate and blood pressure, decrease muscle tension smoothing our respiration and harmonizes the chakra's and auric field thereby altering the resonance and vibrational frequency to a higher state.

Sound healing treatments are combined with massage and energy healing. It is deeply relaxing and may incorporate the use of instruments such as Tibetan bowls, chimes, bells, rattles, drums, cymbals and voice harmonics. Your body will hum your soul will sing!

Each session lasts for 60m

Please dress comfortably

Individual or couple treatments can be done in the SPA or in the comfort of your room

Price per person per session:

2 persons | 120€

Price for groups:

3 to 12 persons | 360€

*Note: Please book 24h in advance

Reiki

Reiki can be translated as “Universal Energy”. The literal meaning (from Japanese) is “Power of the Sun”. Reiki is a form of transmission of energy that promotes healing on physical, mental, emotional and spiritual level.

The treatment itself is hand placement on the body. There is no need to establish a diagnosis, the universal energy winds its way to the treated person in a way the body can get exactly what it needs.

The energy flow enables an awareness of physical blockages, emotional, mental and spiritual - blockages built by the subconscious for its protection and survival. With compassion and softness, those patterns that have become unnecessary, are removed and harmonized.

In Reiki treatment, the person is lying, comfortably dressed, and receives power through the hands of the therapist. We work with Reiki and Karuna, the energy of Compassion, thus combining the wisdom and the loving kindness of Buddhism with the Universal Energy. The method used is intuitive and tailored to the specific needs of the person.

Effects on the body:

- Soothes, reduce stress, promotes a sense of deep relaxation, comfort and peace;
- Balances the energies of our body;
- Strengthens the immune system;
- Strengthens the vital energy;
- Can clean up our organs such as the liver, kidneys, arteries and others;
- Relieves pain;
- Releases toxins, blockages and emotions

Each session lasts for 60m

Please dress comfortably

Individual or couple treatments can be done in the SPA or in the comfort of your room

Price per person per session: 90€

*Note: Please book 24h in advance

Yoga

Yoga's primary emphasis is upon general well-being. Rather, yoga employs a broad holistic approach that focuses on teaching people a new lifestyle, one of the most important benefit of yoga is its application in relieving stress, fatigue, invigoration and vitality and its anti-aging properties and its application for relaxation therapy.

Yoga lessons are available upon request.

Price per person per lesson (1 to 4 persons): 25€

Price per person per lesson (group of 5 persons or more): 15€

Pilates

Balance body, mind and soul.

Works emotional control. Benefits the body image and self-esteem. Enhances your personal relationship and your social life because the well-being that the method provides.

Pilates lessons are available upon request.

Price per person per lesson (1 to 4 persons): 35€

Price per person per lesson (group of 5 persons or more): 25€

*Note: Please book 24h in advance

GENERAL RULES

For your comfort, it is recommended that you inquire in advance the best time to use the SPA in order to avoid possible overcrowding as the wet circuit is limited to 10 people simultaneously.

The Hotel reserves the right not to accept, in the Hotel, appointments for minors say less than 14 years old.

The Hotel reserves the right to restrict access to minors stay less than 14 years from 15h00 hrs.

Minors should always be accompanied by an adult.

Please be moderate, avoiding loud, running, jumping, diving or otherwise inappropriate noise.

LAND SPA is not responsible, civil or criminal, for damages suffered as a result of incorrect use of existing equipment of our facilities. There is no surveillance of the pool.

Also, the LAND SPA is not responsible for loss, theft and/or damage of personal belongings.

Other notes:

- You may not use razors or waxing around the SPA;
- It is forbidden smoking, eating and drinking alcoholic beverages at the SPA;
- You are requested to turn off the phone during your stay at the SPA;
- It is compulsory to wear a bathing suit/shorts and slippers in wetland SPA.

L'AND SPA Conditions

Opening hours SPA: 9.00am to 9.00pm

Opening hour treatments Sunday-Thursday: 10:30am to 6.00pm

Opening hour treatments Friday and Saturday: 10:30am to 8.00pm

These periods are subject to change and may vary from season to season and on bank/public holidays.

SPA Treatment Reservations

Due to the limited number of treatment rooms we advise you to book in advance.

We kindly inform you that the hotel will be not held responsible for a shorter treatment period if this is due to the client's delay.

Cancellation Policy

Clients needing to cancel any bookings are required to give the following notices:

- less than 24hours, a 25% penalty per treatment will be added to your bill;
- no show will be charged at 100% of the treatment price.

For more informations:

If you are staying at the hotel please deal: 9

If you are visiting the site contact us: spa@l-and.com or reservas@l-and.com

Contact us: (+035 266 242400)